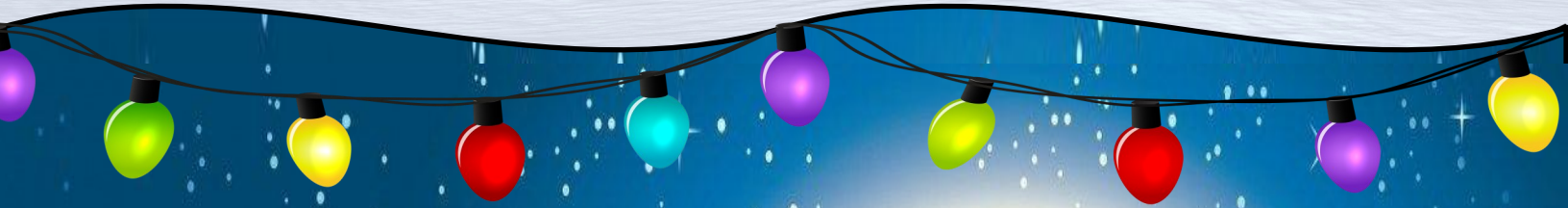


# Senior News

AREA AGENCY ON AGING OF SOMERSET COUNTY • December 2025



We wish you and your families a Merry Christmas and a Happy New Year  
- The Senior Centers and AAA Staff

## Need Health Insurance?

Pennie is the Commonwealth of PA's official health insurance marketplace and the only link to financial assistance to help reduce the cost of coverage and care. See your savings & get local, personalized help today!

### When Can I Get Covered?



**Open Enrollment**  
November 1<sup>st</sup> to January 15<sup>th</sup>



**Special Enrollment**  
January 1<sup>st</sup> to December 31<sup>st</sup>

If you experience a **Qualifying Life Event** such as loss of health coverage, marriage, change of residence, or many others, you can enroll in a Special Enrollment Period outside of open enrollment.

*Flip to learn more!*

Multilingual support and translation services available both online and via phone!

*Ayuda disponible en Español*

**You're Worth Protecting.**

[pennie.com](https://pennie.com) | 844-844-8040



PenniePa

# What is a Qualifying Life Event?

A qualifying life event is a life-changing situation – sometimes planned, sometimes unexpected – that can impact you and your health insurance.



## Loss of health coverage

Losing existing health coverage, including; Losing eligibility for Medical Assistance (Medicaid), the Children's Health Insurance Plan (CHIP), or Medicare, job-based coverage, other individual market coverage, and student plans; Turning 26 and losing coverage through a parent's or guardian's plan.



## Changes in household

Getting married or divorced; Having a baby or adopting a child; Death in the family.



## Changes in residence

Moving to a different service area within Pennsylvania; A permanent move from another state into Pennsylvania; A student moving to or from the place they attend school; A seasonal worker moving to or from the place they both live and work; Moving to or from a shelter or other transitional housing.



## Other qualifying events

Changes in your income that affect the coverage you qualify for; Gaining membership in a federally recognized tribe or status as an Alaska Native Claims Settlement Act (ANCSA) Corporation shareholder; Gaining a qualifying immigration status; Leaving incarceration (jail or prison); AmeriCorps members beginning or ending their service.



**pennie**

connecting Pennsylvanians to health coverage\*



## Sponsor a Senior!!

Do you know a senior that receives our meals? Wouldn't it be a great surprise for them to know someone has paid for their lunches for a week, month or year? If you would like to help your mom, dad, aunt, uncle, neighbor or friend, pay for their lunches. Just send it to us with their name and address and we can provide them with a note stating their lunches have been paid for a certain amount of time thanks to YOU!

Our suggested donation is \$3.00 per meal; however, some find it difficult to make that donation. We are asking for your support and help. Although all donations are welcomed, please consider sponsoring a senior for \$60.00 which will cover the requested donation of 20 meals.

The Federal Government, local funds and the Pennsylvania Lottery provide only a portion of the total cost. This is why we depend so much on donations. In order to continue and increase quality meal service, we need your help.

Your tax-deductible gift provides hot meals to those among us who are most in need. Donations can also be made in Remembrance. Any questions please call 814-443-2681. **Thank you for your generous donation**

### Donation Coupon

Make your donation payable to: AAA of Somerset County

Mail to: Area Agency on Aging, 1338 S Edgewood Avenue, Somerset, PA 15501

Name: \_\_\_\_\_ Donation \$ \_\_\_\_\_


Address: \_\_\_\_\_ Zip Code \_\_\_\_\_

Donation for or in Remembrance of \_\_\_\_\_

May we tell your recipient you are the donor? Yes No

Do you need a receipt? Yes No


## Central City Area Senior Center

<p><b>103 Sunshine Avenue</b>  <b>Central City, PA 15926</b>  <b>Senior Center Manager:</b>                  Marika Roberts  <b>Phone:</b>                  (814) 754-5615  <b>E-mail:</b>                  mroberts@somersetaaa.org  <b>Hours of Operation:</b>                  Monday - Friday                  9:00AM - 2:00PM</p>	<p>1<sup>st</sup> 10:30 Community Life Prize Bingo/<b>Birth</b>day Lunch</p>	<p>9<sup>th</sup> 12:00 Trivia with Bobbie from UPMC</p>	<p>22<sup>nd</sup> Christmas Lunch</p>	<p><b>Daily Activities:</b>                  9:00 to 1:00 Exercise Machines available                  9:30 Wii Games                  10:30 Exercise Monday &amp; Wednesday                  Skipbo card games available every day to play</p>
	<p>3<sup>rd</sup> Make an Ornament For our Christmas Tree</p>	<p>10<sup>th</sup> 10:30 Music with Denise Baldwin</p>	<p>23<sup>rd</sup> 12:00 Windber Woods Bingo</p>	
	<p>5<sup>th</sup> Disney Day</p>	<p>15<sup>th</sup> Chocolate Day</p>	<p>25<sup>th</sup> <b>CHRISTMAS DAY</b>  <b>CENTER CLOSED</b></p>	
	<p>8<sup>th</sup> 10:30 Music with Fast Eddie</p>	<p>17<sup>th</sup> Decorate Rollout Cookies</p>	<p>29<sup>th</sup> New Year Lunch</p>	
		<p>19<sup>th</sup> Christmas Party Potluck</p>	<p>31<sup>st</sup> Make a Resolution Tree</p>	

## Conemaugh Township Area Senior Center

<p><b>959 South Main Street</b>  <b>Hollisopple, PA 15935</b>  <b>Senior Center Manager:</b>                  Allana Guidry  <b>Phone:</b>                  (814) 479-2216  <b>E-mail:</b>                  aguidry@somersetaaa.org  <b>Hours of Operation:</b>                  Monday - Friday                  9:00AM - 2:00PM</p>	<p>1<sup>st</sup> <b>Birth</b>day Lunch</p>	<p>15<sup>th</sup> 11:00 Christmas Lunch Reservations due</p>	<p>22<sup>nd</sup> 11:00 Christmas Lunch/ New Year's Lunch Reservations due</p>	<p><b>Daily Activities:</b>                  10:00 Wii Games                  10:00 Geri-Fit every Tuesday &amp; Thursday                  12:30 Bingo                  Exercise Machines and Computes available for use every day                  Puzzles</p>
	<p>3<sup>rd</sup> 10:00 Decorate Center</p>	<p>17<sup>th</sup> 10:00 Scavenger Hunt</p>	<p>25<sup>th</sup> <b>CLOSED MERRY CHRISTMAS</b></p>	
	<p>4<sup>th</sup> 12:00 Christmas Cookie Senior Life</p>	<p>18<sup>th</sup> 12:00 Music w/Tom &amp; Carolyn</p>	<p>29<sup>th</sup> New Year's Lunch</p>	
	<p>11<sup>th</sup> 12:00 Music w/Billy Stoppe</p>	<p>19<sup>th</sup> 12:30 Saran Wrap Game/ Christmas Party &amp; Covered Dish</p>	<p>31<sup>st</sup> New Year's Party</p>	
				

## Confluence Area Senior Center

<p><b>700 Reynolds Street</b>  <b>Confluence, PA 15424</b>  <b>Senior Center Director:</b>                  Christine Saylor  <b>Phone:</b>                  (814) 395-5117 or (814) 467-5912  <b>E-mail:</b>                  csaylor@somersetaaa.org  <b>Hours of Operation:</b>                  Monday - Friday                  9:00AM - 2:00PM</p>	<p>1<sup>st</sup> <b>Birth</b>day Lunch</p>	<p>25<sup>th</sup> <b>CENTER CLOSED - CHRISTMAS DAY</b></p>	<p><b>Christmas Spirit Week</b></p>	<p><b>Daily Activities:</b>                  9:00 to 1:00 Exercise Machines available for use every day                  9:30 Wii Games                  12:00 Bingo                  Karaoke Every Wednesday</p>
	<p>8<sup>th</sup> 12:00 Music with Sheilah</p>	<p>29<sup>th</sup> New Years Lunch</p>	<p>15<sup>th</sup> Wear Something Green</p>	
	<p>15<sup>th</sup> Last day to sign up for the Christmas Day Lunch on the 22nd</p>		<p>16<sup>th</sup> Wear your favorite Christmas shirt</p>	
	<p>22<sup>nd</sup> 12:00 Music with Billy/ Christmas Lunch/ Last day to sign up for the New Years Lunch on the 29<sup>th</sup></p>		<p>17<sup>th</sup> Play Christmas Bingo for prizes</p>	
			<p>18<sup>th</sup> Wear Something Red</p>	
			<p>19<sup>th</sup> Tell a story about Christmas Past</p>	

## Laurel Mountain Senior Center

<p><b>1609 West Pitt Street</b>  <b>Jennerstown, PA 15547</b>  <b>Senior Center Manager:</b>                  Allana Guidry  <b>Phone:</b>                  (814) 629-9926  <b>E-mail:</b>                  aguidry@somersetaaa.org  <b>Hours of Operation:</b>                  Monday, Wednesday, &amp; Friday                  9:00AM - 2:00PM</p>	<p><b>Grand Opening (Dec 1st) Activities to be Announced Later!!</b></p>			<p><b>Daily Activities:</b></p>
				

## Meyersdale Area Senior Center

<p><b>120 North Street</b>  <b>Meyersdale, PA 15552</b>  <b>Senior Center Manager:</b>                  Julie Yinkey  <b>Phone:</b>                  (814) 634-0713  <b>E-mail:</b>                  jyinkey@somersetaaa.org  <b>Hours of Operation:</b>                  Monday - Friday                  9:00AM - 2:00PM</p>	<p>1<sup>st</sup> 10:30 Seminar &amp; Activity/ Community Life/  <b>Birthday Lunch</b>                   3<sup>rd</sup> 10:00 Craft                  4<sup>th</sup> 10:00 Sing Along                  8<sup>th</sup> 10:00 Music/Charity Troutman &amp; Family                  10<sup>th</sup> 10:00 Music w/Billy Stoppe                  12<sup>th</sup> 10:00 Name that tune</p>	<p>15<sup>th</sup> 10:00 Music w/Tom &amp; Carolyn &amp; Christmas Lunch Reservations due                  17<sup>th</sup> 10:00 Music w/Gary Yoder                  18<sup>th</sup> 10:00 Scavenger Hunt &amp; Christmas Card Exchange                  19<sup>th</sup> 10:00 Saran Wrap Game, Covered Dish Christmas Party &amp; \$5.00 exchange gift</p>	<p>22<sup>nd</sup> 10:00 Christmas Lunch &amp; Trivia/11:00 New Years Lunch Reservations due                  24<sup>th</sup> 10:00 Sing Along                  25<sup>th</sup> <b>CLOSED MERRY CHRISTMAS</b>                  29<sup>th</sup> New Years Lunch                  31<sup>st</sup> New Years Party</p>	<p><b>Daily Activities:</b>                  9:30 Wii Games                  10:00 Geri-Fit every Tuesday                  11:30 Bingo                  Word Search puzzle every Wednesday                  Exercise Machines and Computers available for use every day</p>
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## Somerset Senior Center

<p><b>1338 Edgewood Avenue</b>  <b>Somerset, PA 15501</b>  <b>Senior Center Manager:</b>                  Gloria Maust  <b>Phone:</b>                  (814) 445-7772  <b>E-mail:</b>                  gmaust@somersetaaa.org  <b>Hours of Operation:</b>                  Monday - Friday                  9:00AM - 2:00PM</p>	<p>1<sup>st</sup> 10:30 Billy Stoppe Music/  <b>Birthday Lunch/</b> National Pie Day                  3<sup>rd</sup> 10:30 Heartland Hospice BP's                  4<sup>th</sup> 10:30 Senior Solutions Conemaugh Meyersdale Bingo/ Cookie day                  7<sup>th</sup> 1:00 Tail Gate</p>	<p>9<sup>th</sup> Christmas Card Day                  15<sup>th</sup> Reservations due for Christmas Lunch on December 22/Cup Cake Day                  19<sup>th</sup> 2:00 Game Afternoon                  22<sup>nd</sup> 11:00 Barb Greer Lincoln Heritage/ Christmas Lunch and Celebration</p>	<p>Christmas gift exchange - Bring a \$10 gift to participate/Last day for Reservations for New Years Lunch on December 29<sup>th</sup>                  25<sup>th</sup> <b>CLOSED FOR CHRISTMAS</b>                  29<sup>th</sup> 10:30 John Larimer Music/ New Years Lunch</p>	<p><b>Daily Activities:</b>                  9:00 TAI Chi every Thursday                  9:30 Bingo every day (Prize Bingo is Tuesdays and Thursdays)                  Crafts, Games, Geri-Fit and Chair Yoga available daily </p>
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## Windber Senior Center - CFL

<p><b>Fifth Street, Suite 200</b>  <b>Windber, PA 15963</b>  <b>Senior Center Manager:</b>                  Marika Roberts  <b>Phone:</b>                  (814) 467-5912  <b>E-mail:</b>                  mroberts@somersetaaa.org  <b>Hours of Operation:</b>                  Monday - Friday                  9:00AM - 2:00PM</p>	<p>1<sup>st</sup> <b>Birthday Lunch</b>                  2<sup>nd</sup> Make an Ornament for the Tree                  4<sup>th</sup> Disney Day                  10<sup>th</sup> Chocolate Day                  17<sup>th</sup> 10:30 Music with Billy                  18<sup>th</sup> Decorate Rollout                  Cookies</p>	<p>22<sup>nd</sup> 10:30 Music with Denise Baldwin/ Christmas Lunch                  24<sup>th</sup> Secret Santa Exchange                  25<sup>th</sup> <b>CHRISTMAS DAY CENTER CLOSED</b></p>	<p>29<sup>th</sup> 10:30 Music with Fast Eddie/ New Years Lunch                  30<sup>th</sup> 12:00 Windber Woods Bingo                  31<sup>st</sup> New Years Eve </p>	<p><b>Daily Activities:</b>                  9:00 to 9:45 Chair Yoga Tuesdays &amp; Thursdays                  9:00 to 1:00 Exercise Machines available                  9:30 Wii Games                  10:30 Exercise Monday &amp; Wednesday                  Skipbo card games available every day to play</p>
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## ★ Important Reminder ★

Please remember to check the morning news for meal or center cancelations due to weather!!



<p><b>BIRTHDAY LUNCH</b> 1</p> <p>Swedish Meatballs w/Gravy over Noodles Mixed Vegetables Mango/Papaya  Chocolate cake w/Peppermint Frosting Milk</p>	<p>2</p> <p>Chicken Rice Soup Mixed Green Salad w/Egg &amp; Crouton Ranch Dressing Fruit Cocktail Wheat Crackers Milk</p>	<p>3</p> <p>Chicken Cordon Bleu Gravy Mashed Potatoes Sliced Carrots Orange Milk</p>	<p>4</p> <p>Ham &amp; Bean Soup Carrot Raisin Salad Diced Pears Wheat Dinner Roll Margarine Milk</p>	<p>5</p> <p>Bacon Cheeseburger on Wheat Bun Chuck Wagon Vegetables Bacon Ranch Pasta Salad Apricots Milk</p>
<p>8</p> <p>Creamed Chicken over Biscuit Peas &amp; Carrots Pineapple Tidbits Milk</p>	<p>9</p> <p>Beef Noodle Soup Mixed Green Salad w/Cheese Applesauce Wheat Crackers Milk</p>	<p>10</p> <p>Ham loaf w/Pineapple Glaze Au Gratin Potatoes Italian Blend Vegetables Banana Rye Bread w/Margarine Milk</p>	<p>11</p> <p>BBQ Chicken Roasted Seasoned Red Skin Potatoes Brussel Sprouts Citrus Salad Dinner Roll w/Margarine Milk</p>	<p>12</p> <p>Haddock Wedges Hush Puppies Tomato Salad Peaches &amp; Cream Tartar Sauce Milk</p>
<p>15</p> <p>Hot Turkey w/Gravy on Whole Grain White Bread Maple Sweet Potatoes Peas Pineapple Orange - Cranberry Salad Milk</p>	<p>16</p> <p>Vegetable Soup Tuna Salad on Wheat Bun Mandarin Oranges Yogurt Milk</p>	<p>17</p> <p>Italian Marinated Pork Chops Spanish Rice Caribbean Blend Vegetables Apple Milk</p>	<p>18</p> <p>Ham Pot Pie Mixed Green Salad w/Cheese Tropical Pineapple Milk</p>	<p>19</p> <p>Spaghetti w/Meatballs Broccoli Salad Melon Cup Wheat Dinner Roll Margarine Milk</p>
<p><b>Christmas Lunch</b> 22</p> <p>Baked Ham w/Pineapple Sauce Scalloped Potatoes Green Beans Diced Pears Peach Pie Milk </p>	<p>23</p> <p>Broccoli Cheese Soup Chicken Salad Sandwich on Wheat Bun Molded Citrus Salad Wheat Crackers Milk</p>	<p>24</p> <p>Baked Cod Mini Pierogis 3 Bean Salad Clementine Tartar Sauce Milk</p>	<p>25</p> <p> <b>Christmas Day</b></p>	<p>26</p> <p>Chop Steak w/Gravy Seasoned Whole Mini Potatoes Succotash Cranberry Applesauce Wheat Bread w/Margarine Milk</p>
<p><b>New Year's Lunch</b> 29</p> <p>Roast Pork Loin Sauerkraut Mashed Potatoes Diced Peaches Brownie Milk </p>	<p>30</p> <p>Chicken/Vegetable Alfredo over Linguini Rice pudding w/Raisins Fruit Medley Whole Grain White Bread Margarine Milk</p>	<p>31</p> <p>Hot Dog on Whole Grain White Bun Macaroni Cheese Corn Tropical Fruit Milk</p>	<p>MERRY <b>CHRISTMAS</b> and HAPPY NEW YEAR</p>	

So you can enjoy a relaxed and comfortable dining experience, reservations are recommended. Please call the Center you plan on attending by 11:30 am the day before. The menu is subject to change due to typographical errors or other unforeseen circumstances.

# Christmas Tree Fun Facts

Almost all trees require shearing to attain the Christmas tree shape.



At 6 to 7 feet trees are ready for harvest.

*An acre of Christmas trees provides the daily oxygen requirements of 18 people.*



It takes 6 to 10 years of fighting heavy rain, wind, hail, and drought to get a mature tree.

Live Christmas trees have been sold commercially in the United States since about 1850.



OF THE MANY TREES CHOSEN FOR THE WHITE HOUSE, 5 HAVE ORIGINATED FROM WEST VIRGINIA.



There are approximately 350 million Christmas trees growing on U.S. farms.



## Access the AAA Website

On the last page in the Newsletter there is a QR code located that will now be included in every month's newsletter's. This code can be scanned with your mobile device in order to take anyone to the Area Agency on Aging Website. If looking for more information, go into your search engine and in the search bar hit what looks to be a camera. Hold your mobile device in front of the QR code and take a picture, it will take you directly to the AAA Website.



# National Days to Remember In December

1st - National Christmas Lights Day

24th - National Eggnog Day

2nd - National Day of Giving

25th - National Pumpkin Pie Day

3rd - National make a gift day

26th - National Leftovers Day

4th - National Cookie Day

27th - National Fruitcake Day

7th - National Cotton Candy Day

28th - National Card Playing Game

19th - National Hard Candy Day

30th - National Bacon Day

21st - National Crossword Puzzle Day





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## Senior News

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If you would like to obtain further information about any news-  
letter topic or Agency services please call the Somerset office at

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